Troy Community Center

3179 Livernois: Control Desk - 248.526.2655

Residents, business employees and non-residents are eligible to purchase a Recreation Pass at the Troy Community Center. The facility includes three fitness rooms, an indoor aquatic center, two court gymnasium, three locker rooms, dance and aerobic studios, a child care room, and vending area. Daily, monthly and annual passes are available for purchase.

Recreation Pass Information

Passes can be purchased at the Recreation Control Desk.

Recreation Pass – Allows unlimited use of the recreation areas (pool, gymnasium, fitness room, locker rooms) during "open use" times. Special discounts are available to low income or permanently disabled residents. Contact the Community Center Front Desk for more information

<u>Matinee Recreation Pass</u> – Access to the recreation areas is limited to Monday-Friday from 8 am to 3 pm.

Single Month Pass – Valid for one month from the date of purchase.

<u>Summer Pass</u> – Valid for use between May 1 and September 11 and is ideal for students during summer break.

<u>Daily Pass</u> – Provides access for the day the pass is sold. Group rates exist for 20 or more patrons.

<u>Punch Cards</u> – The punch cards consist of 10 daily passes and are priced at discount from the normal daily rates.

Admittance Policy

- When purchasing any type of recreation pass for the first time, patrons must complete an application, have proof of residency or employment in Troy in order to receive a discount and picture I.D. A parent or guardian must sign for persons 18 or younger except if purchasing a daily pass.
- Non-residents must present a picture I.D. or be sponsored by a valid pass holder to purchase a daily pass.
- The recreation pass can be purchased with an annual payment or through a monthly EFT payment plan (4 months due at enrollment) associated with a checking account or credit card (Visa or MasterCard).
- The "open use" recreation times will be posted quarterly.
- Children under 10 must be accompanied and supervised by an individual 16 or older in all areas of the Community Center. If using the pool, the guardian must be dressed to get in the water with children under 10.
- Children under 3 are admitted free with a paying adult.
- The minimum age to use the fitness room is 13. A fitness room orientation is required for this age and can be scheduled at the Recreation Control Desk (248.526.2655).

Pass Promotions and Discounts

Special discounts on the recreation pass are available to low income or permanently disabled residents. Contact the Community Center Front Desk for more information.

- Family Night at the Community Center- See page 35 for details.
- **Senior Fridays** On Friday mornings, resident seniors (60+) can purchase a daily pass for \$3 at select times: Pool (8-10 am) and fitness room and gym (8-11:30 am).
- Father's Day (June 21) Attention Dads, bring your child or their picture and enjoy the facility at no charge. You may also bring in a guest for 50% off the daily pass price.
- **Independence Day Special (July 4)** The daily pass fee is half price.
- TFAC Guest Days (June 12 and July 10) On these two dates Community Center pass holders can visit TFAC at no charge. TFAC pass holders have the same privileges at the Community Center.
- Summer Celebration (July 15) Daily entry fees are \$4 all day.
- Members of the Aquatic Center can purchase a Community Center Summer Pass for 50% off.

Recreation Pass Fees

Pass Type	Resident	Non- Resident Employee	Non-Resident
Recreation Pass - Adult	\$18/month \$216/year	\$22/month \$264/year	\$28/month \$336/year
Recreation Pass -Youth (ages 3-17)	\$9/month \$108/year	\$11/month \$132/year	\$14/month \$168/year
Recreation Pass - Senior (age 60 and older)	\$16.25/month \$192/year	N/A	N/A
Matinee Pass (M-F, 8 am-3 pm)	\$13.75/month \$165/year	\$16.50/month \$198/year	\$21/month \$252/year
Corporate Pass (10 pass minimum)		\$2,640/year	
Single Month Pass	\$33	\$44	\$50
Summer Pass (May 1- Sept 11)	\$75	\$99	\$113
Daily Pass - Child under 3	Free	Free	Free
Daily Pass - Youth (3-12)	\$5	\$8	\$10
Gym Pass (Troy HS students) see gym schedule	\$3	N/A	N/A
Daily Pass -Adult (13 and older)	\$7	\$8	\$10
Group (20 or more)	\$5	\$5	\$5
Daily Pass Booklet and Punch Card	see below	see below	\$80
Youth Punch Card (3-12 yrs)	\$30	\$70	\$80
Adult Punch Card (13 and older)	\$50	\$70	\$80

For more information about the Community Center and Recreation Passes, visit our website at:

www.troymi.gov/parksrec/communitycenter

Summer Recreation Schedule - June 15- August 31*

Day/Activity	Adult Volleyball	Misc. Activities	Badminton	Basketball	High School Open Basketball	Pass Holder Recreation
Monday	8-10:25 pm		6-9 am	11:30 am-10:30 pm	2:30-5:30 pm	6-10:30 am 1:30-4 pm
Tuesday			8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-8:45 pm 2-4 pm
Wednesday			6-9 am	6-9:30 am 11:30 am-4 pm	2:30-5:30 pm	2-4 pm 6-10:30 pm
Thursday		9-10:30 am Badminton	8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-10:30 am 2-4 pm 6-8:30 pm
Friday	8-10:25 pm	11am-12:30 pm Pickleball	Senior Drop In 6-9 am		2:30-5:30 pm	1:30-4 pm
Saturday				8 am-6:30 pm		6:30-9 pm
Sunday		6-8 pm Pickleball**	3-5:55 pm	9 am-6 pm		9-11 am

^{*}Schedule is tentative as some activities may be cancelled or times altered due to other functions/activities.

Fitness Room

The fitness rooms contain 58 pieces of cardiovascular equipment, weight training machines, and free weights including bench press stations, squat racks, and dumbbells up to 100 lbs. Commercial free music is provided and 11 televisions are available for use with a personal radio and headphones.

Fitness Room Hours of Operation

Monday-Friday: 5:30 am-10:30 pm

Saturday: 8 am-9 pm Sunday: 9 am-6 pm

Holiday Hours

May 25 (Memorial Day) – Fitness Room: 8 am-2 pm, Lap Swim and Therapy Pool: 8-10 am, Leisure Pool: 10 am-1:30 pm.

July 3- Parks and Recreation Administration Desk Closed

July 4 (Independence Day) – Fitness Room and Gym: 8 am-5 pm; Lap Swim and Therapy Pool: 9-11 am; Leisure Pool: 11 am-5 pm.

See Pool schedule on page 39 for specific swim activities.

Kids Korner – Closed May 24-26, July 4 and during maintenance week.

Annual Maintenance: August 31-September 7 – Closed

The recreation spaces will be closed during this time to clean and maintain the activity spaces and include the following:

- Drain the pool and re-marcite (closed 8/24-9/7)
- Deep clean fitness equipment and install new flooring in circuit room
- Refinish the gym and studio floors
- · Clean and repaint walls as needed
- Replace fitness equipment: elliptical trainers, treadmills and bicycles.

The Troy Family Aquatic Center will be available from 8/24-9/7 for recreation pass holders. Check the pool schedule for specific hours.

Personal Trainers

Whatever fitness goals you seek, this program will get you there! Our personal training staff will design a program precisely to meet your needs, from losing weight, to gaining muscle, from diet management, to improving endurance in addition to monitoring your workout. Our trainers also have custom group programs for teens. All trainers are certified and dedicated to the promotion of a healthy lifestyle. Call or stop by today to find out more. Day and evening appointments are available. Call 248.526.2657 to schedule yours today!

Massage Therapy

Are you stressed, injured, or an athlete in training? Or, do you just need to pamper yourself? The Troy Community Center is now offering Massage Therapy, an alternative way to treat your body. Kim Francis, a nationally certified therapist, specializing in Sport and Rehabilitative Massage is also experienced in Swedish Massage. To schedule an appointment, visit the Recreation Control Desk or call 248.526.2655.

Massage Therapy Price List	30 minute	60 minute	90 minute
Swedish Massage	\$35	\$60	\$75
Sports Massage (Deep Tissue)	\$40	\$75	\$110

Kids Korner Childcare Service - ages 2 months-9 years

Friendly staff provides childcare for your child(ren) while you take a class or workout in the facility. Kids Korner is located directly next to the workout area for your convenience. There is a separate charge for this service. Morning and evening hours are available. **Admission:** Punch cards are issued after payment, and are good for 10 one-hour visits; fees must be paid in advance.

# of kids	Passholder	Non Passholder	One Time Visit Rate
1	\$35	\$45	\$4.50/hr
2	\$55	\$65	\$6.50/hr
each additional child	\$20	\$20	N/A
3	N/A	N/A	\$8/hr

^{**}Registration offered for this activity or drop in for fee of \$5 per night, payable at the Control Desk.